

## XXIX CARREIRA DAS AREAS CONCELLO DE CARNOTA

10K ABSOLUTA

Clasificación Xeral



Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	T. Neto	Ritmo Neto	Licenza	Club	Localidade
1	436	AMADEO	ABAL CHAVES	M-1	SNM-1	00:33:50	00:03:23	00:33:49	00:03:23	CS8590	CARNICAS SERRANO	ALMAZORA/ALMASSORA
2	407	RUBEN	INSUA DIAZ	M-2	SNM-2	00:35:45	00:03:35	00:35:45	00:03:35	AG-2023812	SAR-VERMU PETRONI	FISTERRA
3	103	RICARDO	LEÓN VIÑAS	M-3	SNM-3	00:35:46	00:03:35	00:35:46	00:03:35	AG-2017542	SAR-VERMU PETRONI	NOIA
4	8	JOSE ANTONIO	GOMEZ RIOS	M-4	M40M-1	00:35:49	00:03:35	00:35:49	00:03:35	76967335C	ATLETISMO SAR	NOIA
5	132	FRANCISCO	PAIS FONDO	M-5	SNM-4	00:35:54	00:03:36	00:35:53	00:03:36			CAMARIÑAS
6	94	JOSÉ CARLOS	BUJAN OTERO	M-6	M40M-2	00:36:07	00:03:37	00:36:06	00:03:37	AG 11135	NOITEBRA FC	SANTIAGO
7	27	JORGE	RODRÍGUEZ LARIÑO	M-7	SNM-5	00:36:39	00:03:40	00:36:38	00:03:40		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
8	22	ABELARDO MANUEL	SOLER RIVAS	M-8	M40M-3	00:37:26	00:03:45	00:37:23	00:03:45		ARTROGAL-TRI498	NEGREIRA
9	426	FERNANDO	VÁZQUEZ ARES	M-9	M40M-4	00:37:30	00:03:45	00:37:21	00:03:45		ATLETAS DE ACEA DE AMA	CULLEREDO
10	344	MARCOS	LADO PÉREZ	M-10	M40M-5	00:37:44	00:03:47	00:37:41	00:03:47			NOIA
11	5	LUIS MIGUEL	ANTELO LEMA	M-11	M40M-6	00:37:46	00:03:47	00:37:46	00:03:47	AG2019278	FURANCHO DEPORTIVO	VIMIÁNZO
12	99	BONI	GONZÁLEZ REY	M-12	M40M-7	00:37:48	00:03:47	00:37:47	00:03:47		PRAIA DE CARNOTA RUNNERS	CARNOTA
13	98	JOSECHO	GONZÁLEZ REY	M-13	M40M-8	00:37:49	00:03:47	00:37:48	00:03:47		PRAIA DE CARNOTA RUNNERS	CARNOTA
14	43	DAVID	PÉREZ CASTRO	M-14	SNM-6	00:38:19	00:03:50	00:38:17	00:03:50		C.C. OS ESFOLA ARRÓS	SANTIAGO DE COMPOSTELA
15	76	RAMÓN	GEY MARTÍNEZ	M-15	SNM-7	00:38:26	00:03:51	00:38:24	00:03:51		CUBA ATLETISMO LOUSAME	NOIA
16	506	ELOI	COUSO MARTINEZ	M-16	SNM-8	00:38:32	00:03:52	00:38:31	00:03:52		ASOCIACIÓN CULTURAL TAMBRE	SANTIAGO DE COMPOSTELA
17	540	PEDRO	TRABA CAAMAÑO	M-17	M40M-9	00:38:34	00:03:52	00:38:19	00:03:50		CLUBE ATLETISMO OUTES- JOHN TURKEY	OUTES
18	29	KIKO	LAGO SANTIAGO	M-18	M40M-10	00:38:48	00:03:53	00:38:46	00:03:53		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
19	193	JUAN	CASTIÑEIRA ROMERO	M-19	M50M-1	00:38:48	00:03:53	00:38:46	00:03:53			CEE
20	61	PABLO	HERMO VILLAR	M-20	M40M-11	00:38:51	00:03:54	00:38:49	00:03:53	76968388.0	CLUB ATLETISMO SAR	NOIA
21	51	CHRISTIAN	DANIS CASTRO	M-21	SNM-9	00:38:54	00:03:54	00:38:52	00:03:54		CLUB ATLETISMO NEGREIRA	MAZARICOS
22	208	TINA	FERNANDEZ BARREIROS	F-1	SNF-1	00:39:04	00:03:55	00:39:04	00:03:55	AG2017595	SAR-VERMU PETRONI	
23	25	JAVIER	NOVO BUJEIRO	M-22	M40M-12	00:39:14	00:03:56	00:39:08	00:03:55		ASOCIACION DEPORTIVA OLIMPIA	CEE
24	81	ADRIAN	SOUTO IGLESIAS	M-23	SNM-10	00:39:51	00:04:00	00:39:48	00:03:59		FOGAR TRIATLON CARBALLO	A LARACHA
25	200	JULIO	MUÑOZ ESPASANDÍN	M-24	M40M-13	00:39:53	00:04:00	00:39:51	00:04:00			SANTA COMBA
26	403	BALTASAR	FIGUEIRAS MARTINEZ	M-25	M40M-14	00:40:04	00:04:01	00:39:59	00:04:00	AG769568	SAR-VERMU PETRONI	TEO
27	57	DAVID	SENDON CAAMAÑO	M-26	M40M-15	00:40:06	00:04:01	00:40:03	00:04:01		CLUB ATLETISMO OUTES	OUTES
28	62	AGAPITO	BAAMONDE ARUFE	M-27	M40M-16	00:40:07	00:04:01	00:40:04	00:04:01		CLUB ATLETISMO SAR	NOIA
29	69	MICHEL	MARTINEZ NIETO	M-28	M50M-2	00:40:12	00:04:02	00:40:09	00:04:01		CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
30	417	SEBASTIÁN	PÉREZ MUROS	M-29	SNM-11	00:40:17	00:04:02	00:40:13	00:04:02			DUMBRIA
31	106	MANUEL	CASTIÑEIRAS PORTOS	M-30	M40M-17	00:40:19	00:04:02	00:40:14	00:04:02	AG3561	SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
32	37	JOSÉ MANUEL	LAGO CES	M-31	M50M-3	00:40:21	00:04:03	00:40:19	00:04:02	GA-782	ATLETISMO SAR	CEE
33	406	ADRIAN	ABELENDIA VAZQUEZ	M-32	SNM-12	00:40:22	00:04:03	00:40:16	00:04:02		DUBRA TEAM	VAL DO DUBRA
34	401	MARIA	GONZÁLEZ MARTÍNEZ	F-2	SNF-2	00:40:29	00:04:03	00:40:28	00:04:03		MGM	NOIA
35	502	JOSE MANUEL	BLANCO LESTON	M-33	SNM-13	00:40:35	00:04:04	00:40:34	00:04:04			CARNOTA
36	85	GONZALO	SILVA BRENLLA	M-34	SNM-14	00:40:42	00:04:05	00:40:32	00:04:04	AG 766103	NOITEBRA F.C.	SANTA COMBA
37	21	SILVIA	GARCIA LORENZO	F-3	SNF-3	00:40:46	00:04:05	00:40:45	00:04:05		ARTROGAL-TRI498	NOIA
38	67	JOSE	BUJAN GONZALEZ	M-35	M40M-18	00:41:19	00:04:08	00:41:16	00:04:08		CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
39	423	ÁLVARO	PIÑERA MAYO	M-36	SNM-15	00:41:20	00:04:08	00:41:18	00:04:08		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
40	419	KIKO	GARCÍA ABALO	M-37	M50M-4	00:41:23	00:04:09	00:41:22	00:04:09	76861553.0	MAXIKO MASAXES KIKO	VALGA
41	110	FELIX	ROGET PÉREZ	M-38	M40M-19	00:41:54	00:04:12	00:41:51	00:04:12		TERRA DE SONEIRA C.D.	VIMIÁNZO
42	173	ENRIQUE	LUACES PAZ	M-39	SNM-16	00:42:38	00:04:16	00:42:32	00:04:16			DUMBRIA
43	45	JOSE ANTONIO	CARNEIRO GARCIA	M-40	M40M-20	00:42:42	00:04:17	00:42:37	00:04:16		CD RUNNERS AMIO	SANTIAGO DE COMPOSTELA
44	205	JOSÉ ANTONIO	FERNÁNDEZ RODRIGUEZ	M-41	M40M-21	00:42:53	00:04:18	00:42:48	00:04:17			ARTEIXO
45	433	ELOY	CAMBEIRO CANOSA	M-42	SNM-17	00:43:33	00:04:22	00:43:27	00:04:21		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
46	112	Sin Datos del Dorsal		-		00:43:34	00:04:22	00:43:23	00:04:21			
47	537	ENRIQUE	SANTOS LORENZO	M-43	M50M-5	00:43:34	00:04:22	00:43:24	00:04:21	AG-2019235	TERRA DE SONEIRA C.D.	VIMIÁNZO
48	501	ALBERTO	ALVAREZ BOUZAS	M-44	SNM-18	00:43:37	00:04:22	00:43:29	00:04:21		CLUB DE ATLETISMO TAMBRE	SANTIAGO DE COMPOSTELA
49	143	ALEJANDRO JOSÉ	CASTRO ROMÁN	M-45	M40M-22	00:43:43	00:04:23	00:43:39	00:04:22			A CORUÑA
50	411	FERNANDO	SILVA GARCIA	M-46	M40M-23	00:43:49	00:04:23	00:43:38	00:04:22		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
51	48	JORGE	COSTOYA DOSIL	M-47	M40M-24	00:43:51	00:04:24	00:43:45	00:04:23		CLUB ATLETISMO LOUSAME	NOIA
52	3	ROCIO	ALVITE FERREIRO	F-4	M40F-1	00:43:55	00:04:24	00:43:54	00:04:24	AG2026561		MAZARICOS
53	157	MANUEL	CALO CANOSA	M-48	M40M-25	00:43:59	00:04:24	00:43:53	00:04:24			CEE
54	164	JOSE MANUEL	RODRIGUEZ TAJES	M-49	M50M-6	00:44:01	00:04:25	00:44:01	00:04:25			CAMARIÑAS
55	95	NATALIA	LORENZO PÉREZ	F-5	M40F-2	00:44:01	00:04:25	00:43:55	00:04:24	11090.0	NOITEBRA FC	SANTIAGO DE COMPOSTELA
56	341	CARLOS	LÓPEZ BUENO	M-50	SNM-19	00:44:09	00:04:25	00:44:05	00:04:25			LAXE
57	190	ALEJANDRO	LAMAS PÉREZ	M-51	M40M-26	00:44:21	00:04:27	00:44:19	00:04:26			CORCUBIÓN
58	84	DIONISIO	FABIÁN GONZÁLEZ	M-52	M50M-7	00:44:23	00:04:27	00:44:17	00:04:26		NINGUNO	CEE
59	171	SANTIAGO	ÁLVAREZ LODEIRO	M-53	M50M-8	00:44:23	00:04:27	00:44:22	00:04:27			SANTIAGO DE COMPOSTELA

60	309	ANTONIO	LUACES PAZ	M-54	SNM-20	00:44:25	00:04:27	00:44:18	00:04:26		SAR-VERMU PETRONI	XAVIÑA(CAMARIÑAS)
61	535	JAVIER	RODRIGUEZ DOPICO	M-55	SNM-21	00:44:32	00:04:28	00:44:16	00:04:26	AG15159	ENTRENARUNNING	SANTIAGO DE COMPOSTELA
62	179	JOSE	DOMINGUEZ BUITURON	M-56	M50M-9	00:44:42	00:04:29	00:44:40	00:04:28			CORCUBIÓN
63	20	ROGER	SUAREZ DOSIL	M-57	M40M-27	00:44:48	00:04:29	00:44:42	00:04:29		ARTROGAL-TRI498	NOIA
64	195	JULIO	ROMERO VÁZQUEZ	M-58	M40M-28	00:44:56	00:04:30	00:44:48	00:04:29	MONTAÑA		LAXE
65	17	DANIEL	VIGO LEMA	M-59	M40M-29	00:44:56	00:04:30	00:44:49	00:04:29		ABELLARIZA	LAXE
66	437	IVAN	SEGADE CAROU	M-60	M40M-30	00:45:31	00:04:34	00:45:16	00:04:32	AG-766602	CLUB ATLETISMO BOIMORTO	A CORUÑA
67	412	JOSE CARLOS	PEREIRA REY	M-61	M50M-10	00:45:31	00:04:34	00:45:16	00:04:32		CLUBE ATLETISMO BOIMORTO	ARTEIXO
68	120	LUIS	TAJES CANOSA	M-62	M40M-31	00:45:31	00:04:34	00:45:23	00:04:33			CAMARIÑAS
69	91	JUAN	RIVAS ALENDE	M-63	M40M-32	00:45:32	00:04:34	00:45:19	00:04:32		NOITEBRA FC	OUTES
70	415	DAVID	NOVO MARTÍNEZ	M-64	M40M-33	00:45:32	00:04:34	00:45:26	00:04:33			RIBEIRA
71	511	IVAN	FERNÁNDEZ NIMO	M-65	SNM-22	00:45:36	00:04:34	00:45:23	00:04:33		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
72	144	ANTONIO	BARREIRO CORDEIRO	M-66	M50M-11	00:45:43	00:04:35	00:45:27	00:04:33			A BAÑA
73	9	MANUEL	GARCÍA VELO	M-67	M40M-34	00:45:49	00:04:35	00:45:39	00:04:34		A. D. MONTEBRONDO	ZAS
74	526	SANTIAGO	ROMERO SENDÓN	M-68	SNM-23	00:45:56	00:04:36	00:45:52	00:04:36		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
75	347	E. VANESA	BLANCO REY	F-6	M40F-3	00:45:56	00:04:36	00:45:55	00:04:36	AG14672	ATLETISMO SAR	AMES
76	50	JESÚS	COUSO GARCIA	M-69	M40M-35	00:46:05	00:04:37	00:45:52	00:04:36	AG2496	CLUB ATLETISMO NEGREIRA	NEGREIRA
77	18	MONSE	SOLIS CAAMAÑO	F-7	SNF-4	00:46:20	00:04:38	00:46:16	00:04:38		AD MONTEBRONDO	ZAS
78	177	JAVIER	LIREZ CALO	M-70	M40M-36	00:46:24	00:04:39	00:46:16	00:04:38			VIMIANZO
79	90	ALFONSO	RODRIGUEZ FRAMIL	M-71	M40M-37	00:46:24	00:04:39	00:46:14	00:04:38	AG-2020368	NOITEBRA FC	AMES
80	516	MARIO	JIMENEZ LOPEZ	M-72	SNM-24	00:46:25	00:04:39	00:46:19	00:04:38			CATOIRA
81	421	PABLO	ROMERO LEMA	M-73	M40M-38	00:46:28	00:04:39	00:46:18	00:04:38		BAIORUNNERS	ZAS
82	55	RAMÓN	BARREIRO CERNADAS	M-74	M50M-12	00:46:28	00:04:39	00:46:11	00:04:38		CLUB ATLETISMO OUTES	OUTES
83	162	BENITO	PIÑEIRO ABEIJON	M-75	M40M-39	00:46:37	00:04:40	00:46:18	00:04:38			MUROS
84	520	RUBÉN	OTERO DOSIL	M-76	SNM-25	00:46:44	00:04:41	00:46:35	00:04:40			NOIA
85	159	MANUEL ANGEL	QUINTANS VARELA	M-77	M40M-40	00:46:46	00:04:41	00:46:28	00:04:39			SANTIAGO DE COMPOSTELA
86	191	JOSE	PARDIÑAS ALVITE	M-78	M50M-13	00:46:52	00:04:42	00:46:44	00:04:41			CEE
87	404	MARCOS	GARCIA SOÑORA	M-79	SNM-26	00:46:53	00:04:42	00:46:42	00:04:41			LOUSAME
88	521	CRISTIAN	RIOMAYOR RODRIGUEZ	M-80	SNM-27	00:47:01	00:04:43	00:46:57	00:04:42		SERRES RUNNERS	MUROS
89	206	BRYAN	ANDREA VIDAL	M-81	SNM-28	00:47:08	00:04:43	00:47:01	00:04:43			VIMIANZO
90	33	MANUEL	FONTENLA MUÑO	M-82	M50M-14	00:47:13	00:04:44	00:47:03	00:04:43		ATLETAS DE ACEA DE AMA	CORUÑA (A)
91	425	ALBERTO	FERNÁNDEZ LÓPEZ	M-83	M40M-41	00:47:21	00:04:45	00:47:12	00:04:44	AG10074		AMES
92	138	JOSE RAMON	GARCÍA MARIÑO	M-84	M50M-15	00:47:32	00:04:46	00:47:24	00:04:45			CARBALLO
93	154	LAURA	NÚÑEZ NAVEIRA	F-8	M40F-4	00:47:32	00:04:46	00:47:24	00:04:45	AG 2018802		CORUÑA (A)
94	32	JUAN CARLOS	CAMBEIRO BLANCO	M-85	M40M-42	00:47:34	00:04:46	00:47:27	00:04:45		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
95	186	ALBERTO	LUACES VIDAL	M-86	SNM-29	00:47:37	00:04:46	00:47:26	00:04:45			CAMARIÑAS
96	536	ÁNGEL	JUVIÑO PREGO	M-87	M50M-16	00:47:41	00:04:47	00:47:33	00:04:46			ARTEIXO
97	31	JOSE MARIA	CANOSA GOSSENDE	M-88	M40M-43	00:47:48	00:04:47	00:47:38	00:04:46		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
98	178	JUAN MANUEL	TEIXEIRA ZARRAQUIÑOS	M-89	M40M-44	00:47:50	00:04:47	00:47:44	00:04:47			OURENSE
99	534	JESÚS MANUEL	GERPE PÉREZ	M-90	SNM-30	00:47:52	00:04:48	00:47:36	00:04:46			SANTA COMBA
100	12	ÁNGEL	EIROA POSE	M-91	M40M-45	00:47:53	00:04:48	00:47:36	00:04:46		ABELLARIZA	LAXE
101	131	ANGEL	GARCÍA SANTOS	M-92	SNM-31	00:47:59	00:04:48	00:47:42	00:04:47			CANDUAS, CABANA DE BERGANTIÑOS
102	507	JUAN MANUEL	DIAZ SANTOS	M-93	SNM-32	00:48:33	00:04:52	00:48:30	00:04:51			PORRIÑO (O)
103	130	ALBERTO	ANDRADE LAGO	M-94	M50M-17	00:48:35	00:04:52	00:48:28	00:04:51			CORCUBION
104	92	JOSE ANTONIO	GIL BREA	M-95	M50M-18	00:48:37	00:04:52	00:48:26	00:04:51	AG2028157	NOITEBRA FC	SANTIAGO DE COMPOSTELA
105	306	ANTONIO	RODRIGUEZ GARCÍA	M-96	M40M-46	00:48:44	00:04:53	00:48:27	00:04:51		CLUB ATLETISMO OUTES	OUTES
106	531	FELIX	VILAR CAAMAÑO	M-97	M50M-19	00:48:53	00:04:54	00:48:45	00:04:53			CEE
107	7	MADA	GARCÍA ABALO	F-9	M50F-1	00:48:55	00:04:54	00:48:48	00:04:53		CAO ( CLUBE DE ATLETISMO OUTES)	PONTECESURES
108	422	ADRIÁN	SUAREZ CASTRO	M-98	SNM-33	00:49:07	00:04:55	00:48:50	00:04:53			BAÑA (A)
109	58	MARCOS ANTONIO	BLANCO FIGUEIRIDO	M-99	M50M-20	00:49:09	00:04:55	00:48:55	00:04:54	AG9519	CLUB ATLETISMO OUTES	SERRA DE OUTES
110	432	NADIA	MRIMICHE	F-10	M40F-5	00:49:10	00:04:55	00:49:01	00:04:55		ATLETAS DE ACEA DE AMA	CULLEREDO
111	322	RUBÉN JOSÉ	CARRACEDO POSE	M-100	M40M-47	00:49:15	00:04:56	00:49:03	00:04:55			SANTIAGO DE COMPOSTELA
112	201	BERNABÉ	GRILLE OTERO	M-101	SNM-34	00:49:17	00:04:56	00:49:01	00:04:55			SANTA COMBA
113	74	MARCELINO	RIVAS POMBO	M-102	M40M-48	00:49:24	00:04:57	00:49:08	00:04:55	AG2014918	CORREXALLAS	SANTIAGO
114	122	JOSÉ ANTONIO	BLANCO BARREIRO	M-103	M50M-21	00:49:25	00:04:57	00:49:19	00:04:56			SANTIAGO DE COMPOSTELA
115	123	ANA	ALVITE BARCA	F-11	SNF-5	00:49:43	00:04:59	00:49:31	00:04:58			MAZARICOS
116	102	ELENA	MIGUENS OTERO	F-12	M50F-2	00:49:43	00:04:59	00:49:36	00:04:58	AG-766075	SAR-VERMU PETRONI	PADRON
117	340	JOSÉ RAMÓN	SANTOS SANTAMARIA	M-104	M40M-49	00:49:44	00:04:59	00:49:32	00:04:58			TEO
118	170	JAVIER	GARCÍA PUMAR	M-105	M40M-50	00:49:48	00:04:59	00:49:29	00:04:57			SANTIAGO DE COMPOSTELA
119	83	PAULA	RODRIGUEZ LOURO	F-13	M40F-6	00:49:52	00:05:00	00:49:46	00:04:59		MGMORIXINALTEAM	NOIA
120	418	ELENA	SUÁREZ GESTO	F-14	SNF-6	00:49:54	00:05:00	00:49:45	00:04:59			CORUÑA (A)
121	41	ADOLFO	GARCÍA ALONSO	M-106	M40M-51	00:49:54	00:05:00	00:49:45	00:04:59		BEER RUNNERS CORUÑA	CORUÑA (A)
122	188	ÁNGEL JOSÉ	GARCÍA GONZÁLEZ	M-107	M50M-22	00:50:07	00:05:01	00:49:54	00:05:00			SANTIAGO DE COMPOSTELA
123	522	ISMAEL	ROJO LEMA	M-108	M40M-52	00:50:12	00:05:02	00:50:03	00:05:01			ZAS
124	96	BELEN	PEREZ MARTINEZ	F-15	M40F-7	00:50:15	00:05:02	00:50:04	00:05:01		OLIMPIA CEE	CEE
125	101	MANUEL	INSUA INSUA	M-109	M50M-23	00:50:25	00:05:03	00:50:14	00:05:02		SAR-VERMU PETRONI	FISTERRA



192	533	ÓSCAR	FIGUEIRAS TOREA	M-147	M40M-65	01:01:07	00:06:07	01:00:52	00:06:06	CLUB ATLETISMO OUTES JOHN TURKEY	ESTEIRO
193	93	SUSANA	BUJAN OTERO	F-45	M40F-21	01:01:45	00:06:11	01:01:30	00:06:09	TAG2019282 NOITEBRA FC	SANTIAGO DE COMPOSTELA
194	532	RAFAEL	BELISARIO PERAZA	M-148	M50M-40	01:03:58	00:06:24	01:03:46	00:06:23	ATLETISMO DE CARBALLO	CARBALLO
195	402	JORGE JOSÉ	MÉNDEZ HERRERA	M-149	M50M-41	01:03:58	00:06:24	01:03:39	00:06:22	INDEPENDIENTE	CORUÑA (A)
196	30	MARÍA AMELIA	ANDRADE LAGO	F-46	M50F-9	01:04:03	00:06:25	01:03:50	00:06:23	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
197	145	MANUEL	GONZALEZ PEREIRA	M-150	M50M-42	01:04:10	00:06:25	01:03:49	00:06:23		ARTEIXO
198	150	AURORA YENIL	VARELA CABRERA	F-47	M40F-22	01:04:10	00:06:25	01:03:59	00:06:24		CULLEREDO

# XXIX CARREIRA DAS AREAS CONCELLO DE CARNOTA

3K ABSOLUTA

Clasificación General

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	Licenza	Club	Localidade
1	1002	MARTÍN	REGUEIRA RELLÁN	M-1	SNM-1	00:11:36	00:03:52			LAXE
2	1224	VICTOR	RAMOS SAMBADE	M-2	SNM-2	00:11:37	00:03:53		TRIKITEAM	MUROS
3	1225	FERNANDO	OTERO LADO	M-3	SNM-3	00:12:07	00:04:03		TRIKITEAM	MUROS
4	1222	DAMIÁN	ÁLVAREZ TAJES	M-4	SNM-4	00:12:10	00:04:04	47404384.0	TRIATLÓN COSTA DA MORTE	VIMIANZO
5	1018	ÓSCAR	PÉREZ LORENZO	M-5	SNM-5	00:12:25	00:04:09		CLUB SAN MIGUEL DE MARÍN	BEALO
6	1004	NICOLAS	IGLESIAS LOPEZ	M-6	SNM-6	00:12:35	00:04:12		S.D COMPOSTELA ATLETISMO	FISTERRA
7	1207	SAMUEL	CANOSA LOJO	M-7	SNM-7	00:12:41	00:04:14		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
8	1203	MARTÍN	AMADO VARELA	M-8	SNM-8	00:12:53	00:04:18		ABELLARIZA	PONTECESO
9	1076	MARTIN	SANTOS SUAREZ	M-9	SNM-9	00:13:02	00:04:21			LAXE
10	1418	FRANCISCO	PAZ TRILLO	M-10	SNM-10	00:13:05	00:04:22		VTM	VIMIANZO
11	1038	PABLO	MIRA PÉREZ	M-11	SNM-11	00:13:08	00:04:23		TERRA DE SONEIRA C.D.	ZAS
12	1040	JAIRO	PRIETO CAAMAÑO	M-12	SNM-12	00:13:13	00:04:25		TRIATLON COSTA DA MORTE	CEE
13	1305	YAGO DANIEL	RÍO PEREIRA	M-13	SNM-13	00:13:17	00:04:26			FERROL
14	1097	ADOLFO	BLANCO SANCHEZ	M-14	SNM-14	00:13:25	00:04:29			CEE
15	1253	JOSE LUIS	AYASO ROMERO	M-15	SNM-15	00:13:27	00:04:29			RIBEIRA
16	1070	DIEGO	BLANCO SANCHEZ	M-16	SNM-16	00:13:30	00:04:30			CEE
17	1001	APOLONIA	BERMUDEZ CANOSA	F-1	SNF-1	00:13:32	00:04:31			AROU
18	1415	JUAN JOSE	OTERO RAMA	M-17	SNM-17	00:13:34	00:04:32		TRIKITEAM	MUROS
19	1074	FRAN	LAGO SABORIDO	M-18	SNM-18	00:13:40	00:04:34			CARNOTA
20	1044	CRISTIAN	RODRÍGUEZ REY	M-19	SNM-19	00:13:55	00:04:39			CARBALLO
21	1223	ALEJANDRA	FORMOSO RE CAREY	F-2	SNF-2	00:13:57	00:04:39		TRIKI TEAM	MUROS
22	1244	RUBEN	CASÁIS MARTÍNEZ	M-20	SNM-20	00:14:01	00:04:41			OUTES
23	1102	JUAN JOSÉ	FERNANDEZ CARBALLO	M-21	SNM-21	00:14:05	00:04:42			BAÍÑAS
24	1505	JUAN CARLOS	FERNÁNDEZ LAGO	M-22	SNM-22	00:14:13	00:04:45		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
25	1034	MARÍA	TARRIO MARTÍNEZ	F-3	SNF-3	00:14:16	00:04:46		SD COMPOSTELA ATLETISMO	BERTAMIRANS
26	1221	XOEL	FORJAN MARTINEZ	M-23	SNM-23	00:14:21	00:04:47		TRIATLON COSTA DA MORTE	VIMIANZO
27	1017	OSCAR	PARENTE TURNES	M-24	SNM-24	00:14:32	00:04:51		CLUB ATLETISMO NEGREIRA	SANTA COMBA
28	1259	ESTEBAN	MOUZO DOMÍNGUEZ	M-25	SNM-25	00:14:38	00:04:53			CEE
29	1401	JOSE MIGUEL	ATAN AGULLEIRO	M-26	SNM-26	00:14:46	00:04:56			CEE
30	1238	CATUXA	SEGADE CAAMAÑO	F-4	SNF-4	00:14:54	00:04:58	20253.0		NOIA
31	1031	RAUL	PARDIÑAS VEGA	M-27	SNM-27	00:15:04	00:05:02		RAUL	MAZARICOS
32	1220	ANXO	LADO LOPEZ	M-28	SNM-28	00:15:26	00:05:09		TERRA DE SONEIRA C.D.	VIMIANZO
33	1205	JULIA	GARCIA TRABA	F-5	SNF-5	00:15:35	00:05:12		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
34	1041	LORETO	SAMBADE LESTÓN	F-6	SNF-6	00:15:55	00:05:19		TRIKITEAM	MUROS
35	1234	BRAIS	RELLAN CUNDINS	M-29	SNM-29	00:15:56	00:05:19			CABANA DE BERGANTIÑOS
36	1309	JAVIER	BOQUETE FERREIRO	M-30	SNM-30	00:15:58	00:05:20			ZAS
37	1245	RAMIRO	PEREIRA BLANCO	M-31	SNM-31	00:15:59	00:05:20			VIMIANZO
38	1424	SERGIO	VIDAL TRILLO	M-32	SNM-32	00:16:25	00:05:29			CORCUBIÓN
39	1010	MIGUEL ANGEL	AMADO SUAREZ	M-33	SNM-33	00:16:25	00:05:29		ABELLARIZA	PONTECESO
40	1037	FELIPE	VIDAL VIDAL	M-34	SNM-34	00:16:29	00:05:30		TERRA DE SONEIRA C.D.	VIMIANZO
41	1304	MANUEL	VÁZQUEZ FERREIRO	M-35	SNM-35	00:16:36	00:05:32			CEE
42	1421	ALFONSO	RODRIGUEZ MOLARES	M-36	SNM-36	00:16:44	00:05:35			MUROS
43	1086	JESUS MANUEL	BLANCO GONZALEZ	M-37	SNM-37	00:16:54	00:05:38			DUMBRIA
44	1087	ANGEL	OZÓN LAGO	M-38	SNM-38	00:17:00	00:05:40			CEE
45	1014	MARIA ANGELES	RODRIGUEZ DEL RIO	F-7	SNF-7	00:17:06	00:05:42		ATLETICA A SILVA	ORDES
46	1233	JOSE MARIA	RELLAN LEMA	M-39	SNM-39	00:17:37	00:05:53			CABANA DE BERGANTIÑOS
47	1243	YOLANDA	MOLEDO GONZÁLEZ	F-8	SNF-8	00:17:41	00:05:54			CEE

48	1027	ANTIA	BOTANA MOSQUERA	F-9	SNF-9	00:17:43	00:05:55		KAIKEN O PINO	SANTIAGO
49	1426	TAMARA	BLANCO PÉREZ	F-10	SNF-10	00:17:44	00:05:55			VIMIANZO
50	1021	MANUEL	LÓPEZ TEMES	M-40	SNM-40	00:17:46	00:05:56	AG3306	CORREXALLAS	ARTEIXO
51	1502	NOELIA	BARREIRO	F-11	SNF-11	00:17:48	00:05:56			SANTA COMBA
52	1260	SANTIAGO	SALGUEIROS BOUZÓN	M-41	SNM-41	00:17:57	00:05:59			MUXÍA
53	1427	PATRICIA	TUÑEZ LEMA	F-12	SNF-12	00:18:00	00:06:00			CEE
54	1085	ALEX	CARRERÓ	M-42	SNM-42	00:18:02	00:06:01			SANTIAGO DE COMPOSTELA
55	1023	MARÍA IRENE	PARADELA LEMA	F-13	SNF-13	00:18:03	00:06:01		DAFIT	CEE
56	1506	TANIA	INSUA MOSQUERA	F-14	SNF-14	00:18:06	00:06:02		CLUB CORREXALLAS	ZAS
57	1083	INES	PÉREZ MARIÑO	F-15	SNF-15	00:18:08	00:06:03			NOIA
58	1240	LAURA	BLANCO MOREIRA	F-16	SNF-16	00:18:13	00:06:05			DUMBRÍA
59	1211	RAÚL	SÁNCHEZ PARADELA	M-43	SNM-43	00:18:21	00:06:07		DAFIT	CEE
60	1053	BÁRBARA	CASTRO VÁZQUEZ	F-17	SNF-17	00:18:25	00:06:09			CEE
61	1026	MARIA LUCIA	GONZALEZ PENA	F-18	SNF-18	00:18:29	00:06:10		FURANCHO DEPORTIVO	A PICOTA
62	1256	AZAHARA	TORRENTE LEIS	F-19	SNF-19	00:18:29	00:06:10			CEE
63	1423	NURIA	TOJA GARCÍA	F-20	SNF-20	00:18:36	00:06:12			SANTA COMBA
64	1214	MARGARITA	MARTELO LEMA	F-21	SNF-21	00:18:37	00:06:13		MARGA	CABANA DE BERGANTIÑOS
65	1417	LAURA	PARIS LAGO	F-22	SNF-22	00:18:45	00:06:15		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
66	1078	GREPCY	MAYO SANCHEZ	F-23	SNF-23	00:19:02	00:06:21			CEE
67	1202	INÉS	EIROA POSE	F-24	SNF-24	00:19:08	00:06:23		ABELLARIZA	LAXE
68	1080	MARTA	PUENTE	F-25	SNF-25	00:19:10	00:06:24			SANTA COMBA
69	1217	MARÍA ELENA	AMIGO FERREIRO	F-26	SNF-26	00:19:12	00:06:24		SD COMPOSTELA ATLETISMO	
70	1307	TANIA	RAMA LADO	F-27	SNF-27	00:19:15	00:06:25			MUROS
71	1242	BEATRIZ	PAZOS NIMO	F-28	SNF-28	00:19:19	00:06:27			VIMIANZO
72	1051	ROSARIO	BUSTAMANTE	F-29	SNF-29	00:19:22	00:06:28			CEE
73	1308	DIEGO	TEMES RODRÍGUEZ	M-44	SNM-44	00:19:39	00:06:33		CLUB CORREXALLAS	SANTA COMBA
74	1237	ERUNDINA	POSE FARIÑA	F-30	SNF-30	00:19:39	00:06:33			CABANA DE BERGANTIÑOS
75	1236	MARÍA FE	NOVOA ESPASANDIN	F-31	SNF-31	00:19:42	00:06:34			VIMIANZO
76	1412	FRANCISCA	LADO SENDON	F-32	SNF-32	00:19:45	00:06:35		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
77	1402	FATIMA	BARREIRO ABEIJON	F-33	SNF-33	00:19:48	00:06:36		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
78	1025	MONTSERRAT	LEMA PAZOS	F-34	SNF-34	00:19:56	00:06:39		FURANCHO DEPORTIVO	VIMIANZO
79	1019	VICTORIA	FERNÁNDEZ GARCIA	F-35	SNF-35	00:19:57	00:06:39	AG 9513	COMESAÑA SPORTING CLUB	VIMIANZO
80	1055	BEATRIZ	FUENTES CASTIÑEIRA	F-36	SNF-36	00:20:07	00:06:43			ZAS
81	1501	SAMANTHA	AÑON BARBEIRA	F-37	SNF-37	00:20:10	00:06:44			CARBALLO
82	1422	PACUCHA	TAJES FERNANDEZ	F-38	SNF-38	00:20:11	00:06:44		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
83	1504	PAULA	CERNADAS LAGO	F-39	SNF-39	00:20:11	00:06:44	AG15840	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
84	1241	MARIA ADRIANA	OTERO FERNÁNDEZ	F-40	SNF-40	00:20:18	00:06:46			CORCUBIÓN
85	1503	AITANA	CASTIÑEIRA DE LEÓN	F-41	SNF-41	00:20:19	00:06:47			VIMIANZO
86	1005	MARIA	ANDRADE LAGO	F-42	SNF-42	00:20:21	00:06:47		A. D.OLIMPIA	CORCUBIÓN
87	1020	ROCÍO	LÓPEZ TEMES	F-43	SNF-43	00:20:21	00:06:47		CORREXALLAS	SANTA COMBA
88	1075	JUAN	INSUA LAGO	M-45	SNM-45	00:20:32	00:06:51			CEE
89	1089	SANDRA	VIDAL SALGADO	F-44	SNF-44	00:20:33	00:06:51			VIMIANZO
90	1079	PAULA	OANES VIDAL	F-45	SNF-45	00:20:33	00:06:51			VIMIANZO
91	1101	ANA	RODRÍGUEZ FREIRE	F-46	SNF-46	00:20:44	00:06:55			ARTEIXO
92	1306	JESÚS	BERNAL GÓMEZ	M-46	SNM-46	00:21:06	00:07:02		INDEPENDIENTE	FERROL
93	1210	ALBA	PUENTE ANTELO	F-47	SNF-47	00:21:14	00:07:05		CLUB CORREXALLAS	VIGO
94	1407	ALBA	FERNANDEZ ARIAS	F-48	SNF-48	00:21:18	00:07:06		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
95	1416	SILVIA	PARIS FERNANDEZ	F-49	SNF-49	00:21:24	00:07:08		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
96	1011	NURIA - CARACOL	CIDONCHA MORAN	F-50	SNF-50	00:21:31	00:07:11		ADMEDIADUCIA	CARBALLO
97	1009	MARI CARMEN	VAZQUEZ RIVERA	F-51	SNF-51	00:21:31	00:07:11		ABELLARIZA	PONTECESO
98	1409	IRENE	FORMOSO	F-52	SNF-52	00:21:37	00:07:13		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
99	1067	MARIA TERESA	CASTIÑEIRA TOURIÑAN	F-53	SNF-53	00:21:38	00:07:13			CEE
100	1410	ALICIA	GARCÍA AMEIJERAS	F-54	SNF-54	00:21:47	00:07:16			SANTA COMBA
101	1420	JOSE	QUINTANS CASTRO	M-47	SNM-47	00:21:59	00:07:20			NEGREIRA

102	1406	PAULA	CASTRO SENRA	F-55	SNF-55	00:22:00	00:07:20		CEE
103	1310	JESICA	COIRADAS CAAMAÑO	F-56	SNF-56	00:22:15	00:07:25		CEE
104	1081	CLAUDIA	OTERO PÉREZ	F-57	SNF-57	00:22:35	00:07:32		CARNOTA
105	1405	ESTRELLA	CASTRO NIETO	F-58	SNF-58	00:22:46	00:07:36		SANTA COMBA
106	1024	PAULA	VALIÑA SANTOS	F-59	SNF-59	00:23:07	00:07:43	FURANCHO DEPOORTIVO	VIMIANZO
107	1212	VANESA	RODRÍGUEZ DIAZ	F-60	SNF-60	00:23:33	00:07:51	FURANCHO DEPORTIVO	VIMIANZO
108	1230	MARTA	ESPASANDÍN PEREIRA	F-61	SNF-61	00:23:48	00:07:56		SANTA COMBA
109	1056	MARÍA PAZ	MARTÍNEZ SANTIAGO	F-62	SNF-62	00:24:27	00:08:09		CARNOTA
110	1049	AINHOA	CONDE CASTRO	F-63	SNF-63	00:24:27	00:08:09		CEE
111	1261	LORENA	PARADA FERNANDEZ	F-64	SNF-64	00:24:27	00:08:09		RIBEIRA
112	1062	MARIA ISABEL	RODRÍGUEZ PIÑERO	F-65	SNF-65	00:24:53	00:08:18		CARNOTA
113	1411	CARMEN	GARCIA GERPE	F-66	SNF-66	00:25:46	00:08:36		SANTA COMBA
114	1425	CARMEN	VILAR MAROÑAS	F-67	SNF-67	00:25:50	00:08:37		SANTA COMBA
115	1007	LAURA	GERPE RIAL	F-68	SNF-68	00:26:16	00:08:46	A.D.MEDIADUCIA	CARBALLO
116	1255	YOLANDA	INSUA LEMA	F-69	SNF-69	00:26:20	00:08:47		VIMIANZO
117	1404	KARINA	CAPELO VILAR	F-70	SNF-70	00:26:22	00:08:48		SANTA COMBA
118	1302	IVANNA	VIDAL DOMÍNGUEZ	F-71	SNF-71	00:26:55	00:08:59		VIMIANZO

## XXIX CARREIRA DAS AREAS CONCELLO DE CARNOTA

INF/CDT/XUV

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	Licenzia	Club	Localidade
1	2028	YAGO	IGLESIAS TURNES	M-1	XVNM-1	00:12:05	00:04:02		SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
2	2211	HUGO	GONZÁLEZ LESTÓN	M-2	XVNM-2	00:12:19	00:04:07		TRIKITEAM	MUROS
3	2023	JESÚS	PATIÑO RÍOS	M-3	INFM-1	00:13:17	00:04:26		NATACIÓN RIBEIRA	RIBEIRA
4	2026	ALEX	AYASO PARADA	M-4	XVNM-3	00:13:37	00:04:33		SANTA UXIA ATLETISMO	RIVEIRA
5	2033	JESÚS	GARCIA FIGUEROA	M-5	CDTM-1	00:13:49	00:04:37		TRIKI TEAM	MUROS
6	2024	IKER	AYASO PARADA	M-6	INFM-2	00:14:05	00:04:42		SANTA UXIA ATLESTISMO	RIVEIRA
7	2032	EVA	FORMOSO RECAREY	F-1	CDTF-1	00:14:07	00:04:43		TRIKI TEAM	MUROS
8	2015	IVÁN	LÓPEZ PAZOS	M-7	CDTM-2	00:14:08	00:04:43		CLUB ATLETISMO NARÓN	NARÓN
9	2203	ÁLVARO	CAMBEIRO LAGO	M-8	INFM-3	00:15:05	00:05:02			CARNOTA
10	2006	LAURA	CASTIÑEIRA BUSTAMANTE	F-2	CDTF-2	00:15:35	00:05:12		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
11	2004	MARTINA	GARCIA TRABA	F-3	CDTF-3	00:15:36	00:05:12		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
12	2034	ALEXIA	RAMA LADO	F-4	XVNF-1	00:15:42	00:05:14		TRIKI TEAM	MUROS
13	2002	ÓSCAR	BLANCO RODRÍGUEZ	M-9	XVNM-4	00:15:45	00:05:15		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
14	2214	IZAN	PEREZ CAAMAÑO	M-10	CDTM-3	00:15:52	00:05:18			CEE
15	2035	GONZALO	RAMOS SAMBADE	M-11	INFM-4	00:16:13	00:05:25		TRIKITEAM	MUROS
16	2208	XURXO	FIUZA TAJES	M-12	INFM-5	00:16:17	00:05:26			CARNOTA
17	2010	XOANA	MÉNDEZ GONZÁLEZ	F-5	CDTF-4	00:16:53	00:05:38		ATLETISMO CUNTIS	BOIRO
18	2201	NAIARA	AGUIAR NOCEDA	F-6	INFF-1	00:17:30	00:05:50		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
19	2011	MARIÑA	REY MIGUENS	F-7	XVNF-2	00:17:41	00:05:54		ATLETISMO SAR	PADRON
20	2215	NEREA	PEREZ MUÑOZ	F-8	INFF-2	00:17:43	00:05:55			VIMIANZO
21	2212	MANUEL	LUACES CAAMAÑO	M-13	CDTM-4	00:17:55	00:05:59		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
22	2202	CLAUDIA	BAÑA RODRIGUEZ	F-9	INFF-3	00:18:05	00:06:02			VIMIANZO
23	2210	IRIA	GARCÍA FIGUEROA	F-10	XVNF-3	00:18:06	00:06:02		TRIKI TEAM	MUROS
24	2207	JULIO	FIGUEIRAS MARTINEZ	M-14	XVNM-5	00:18:17	00:06:06		VTM	VIMIANZO
25	2022	IAGO	FERNANDEZ VALIÑO	M-15	CDTM-5	00:18:23	00:06:08		MARISCOS RECIO	SANTIAGO DE COMPOSTELA
26	2045	CONSTANZ	MUÑO FUENTES	F-11	INFF-4	00:19:19	00:06:27			ZAS
27	2213	NICOLAS	PAZ PEREIRA	M-16	XVNM-6	00:19:46	00:06:36		VTM	VIMIANZO
28	2040	LAURA	BLANCO MARTELO	F-12	CDTF-5	00:20:46	00:06:56			CABANA DE BERGANTIÑOS
29	2217	ALBA	RODRÍGUEZ PAZ	F-13	CDTF-6	00:21:20	00:07:07			CARNOTA
30	2216	SOFIA	RODRÍGUEZ FERNÁNDEZ	F-14	CDTF-7	00:21:37	00:07:13			CARNOTA
31	2218	LUCÍA	RODRÍGUEZ PAZ	F-15	INFF-5	00:23:08	00:07:43			CARNOTA
32	2205	KEVIN	DALMEIDA ATÁN	M-17	INFM-6	00:25:46	00:08:36			CEE
33	1	SARA	VIEITES FERREIRO	F-16	CDTF-8	00:35:25	00:11:49			CEE



## XXIX CARREIRA DAS AREAS CONCELLO DE CARNOTA

ALEVIN

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	Licenza	Club	Localidade
1	4134	JOSEP	BASTOS DIZ	M-1	ALVM-1	00:03:38	00:03:38			VIGO
2	3009	LUCÍA	AGEITOS ROMERO	F-1	ALVF-1	00:03:43	00:03:43		CLUB NATACION RIVEIRA	RIVEIRA
3	3010	JEYDEN	SILVA GUERRERO	M-2	ALVM-2	00:03:47	00:03:47		NATACIÓN RIBEIRA	RIBEIRA
4	3116	LEO	MOSQUEIRA LAGO	M-3	ALVM-3	00:04:04	00:04:04		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
5	3006	MARTINA	GOMEZ LEON	F-2	ALVF-2	00:04:07	00:04:07		CLUB ATLETISMO NOIA	NOIA
6	3117	AINARA	NUÑEZ LADO	F-3	ALVF-3	00:04:09	00:04:09		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
7	3106	AITHOR	FERNANDEZ RIVADENEIRA	M-4	ALVM-4	00:04:24	00:04:24		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
8	3107	CAYETANA	GARCÍA RECAREY	F-4	ALVF-4	00:04:27	00:04:27		CLUB ATLETISMO NOIA	LOUSAME
9	3118	XAVI	OTERO GONZÁLEZ	M-5	ALVM-5	00:04:30	00:04:30		CLUB CARNOTA	CARNOTA
10	3123	DARÍO	VARELA PARDIÑAS	M-6	ALVM-6	00:04:32	00:04:32			SANTA COMBA
11	3011	ARIANA	IGLESIAS TURNES	F-5	ALVF-5	00:04:34	00:04:34		SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
12	3018	CARMEN	MARTÍNEZ VAZQUEZ	F-6	ALVF-6	00:04:36	00:04:36			LAXE
13	3125	DANIELA	VÁZQUEZ VÁZQUEZ	F-7	ALVF-7	00:04:38	00:04:38			LAXE
14	3110	MANUEL	LAGO TRILLO	M-7	ALVM-7	00:04:41	00:04:41			CARNOTA
15	3122	CIBRAN	SANDE CASTRO	M-8	ALVM-8	00:04:41	00:04:41			OUTES
16	3105	MANUEL	FERNÁNDEZ CAAMAÑO	M-9	ALVM-9	00:04:42	00:04:42			CARNOTA
17	3004	NOA	ATAN MOLEDO	F-8	ALVF-8	00:04:42	00:04:42		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
18	3124	CLARA	VÁZQUEZ CASTRO	F-9	ALVF-9	00:04:42	00:04:42		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
19	3103	INÉS	BEIRO TRILLO	F-10	ALVF-10	00:04:44	00:04:44			CARNOTA
20	3121	VALERIA	RODRÍGUEZ CAPELO	F-11	ALVF-11	00:04:44	00:04:44			CARNOTA
21	3005	MIAH	ROMERO ÁLVAREZ	F-12	ALVF-12	00:05:00	00:05:00		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
22	3120	ÍKER	RODRÍGUEZ CAPELO	M-10	ALVM-10	00:05:01	00:05:01			CARNOTA
23	3104	SOFIA	DOMINGUEZ TUÑEZ	F-13	ALVF-13	00:05:01	00:05:01			CEE
24	3020	DANIEL	MIRA LEMA	M-11	ALVM-11	00:05:02	00:05:02			ZAS
25	3111	PAULA	LAGO TRILLO	F-14	ALVF-14	00:05:09	00:05:09			CARNOTA
26	3114	MATEO	MAYO CAAMAÑO	M-12	ALVM-12	00:05:09	00:05:09		SERRES RUNNERS	CARNOTA
27	3102	CANDELA	BEIRO PÉREZ	F-15	ALVF-15	00:05:10	00:05:10			CARNOTA
28	3109	ANTÓN	LAGO FORMOSO	M-13	ALVM-13	00:05:23	00:05:23			CARNOTA
29	3012	MARÍA	CALO CASTRO	F-16	ALVF-16	00:05:30	00:05:30			CEE

## XXIX CARREIRA DAS AREAS CONCELLO DE CARNOTA

BENXAMIN

Clasificación General

Posto	Dorsal	Nomre	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	Licenza Club	Localidade
1	4024	XOEL	LIRES VIDAL	M-1	BNXM-1	00:04:09	00:04:09		VIMIANZO
2	4018	LUCAS	AGEITOS ROMERO	M-2	BNXM-2	00:04:13	00:04:13	CLUB NATACION RIVEIRA	SANTA UXIA DE RIBEIRA
3	4003	GAEL	LAMAS RAMOS	M-3	BNXM-3	00:04:20	00:04:20	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
4	4103	ANDRÉS	CAMBEIRO LAGO	M-4	BNXM-4	00:04:27	00:04:27		CARNOTA
5	4128	XOAN	SANDE CASTRO	M-5	BNXM-5	00:04:33	00:04:33		OUTES
6	4104	JOEL	CANOSA DOMINGUEZ	M-6	BNXM-6	00:04:35	00:04:35	OLIMPIA	DUMBRÍA
7	4112	CRISTIAN	FERNANDEZ RIVADENEIRA	M-7	BNXM-7	00:04:36	00:04:36	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
8	4105	EVA	CARBALLO LAGO	F-1	BNXF-1	00:05:02	00:05:02	CLUB ATLETISMO SERRES RUNNING	MUROS
9	4106	LOIS	CASAIS LESTON	M-8	BNXM-8	00:05:05	00:05:05	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
10	4108	ADRIANA	DOMÍNGUEZ DÍAZ	F-2	BNXF-2	00:05:06	00:05:06		CEE
11	4017	VALERIA	HERMO GARCÍA	F-3	BNXF-3	00:05:07	00:05:07	CLUB ATLETISMO NOIA	NOIA
12	4012	ÁNGEL	RODRÍGUEZ MOUZO	M-9	BNXM-9	00:05:08	00:05:08	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
13	4007	MARCOS	RODRÍGUEZ GONZALEZ	M-10	BNXM-10	00:05:10	00:05:10	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
14	4120	BRAIS	PRIEGUE RODRÍGUEZ	M-11	BNXM-11	00:05:10	00:05:10	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
15	4010	VERA	ATAN MOLEDO	F-4	BNXF-4	00:05:12	00:05:12	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
16	4009	MARTÍN	RIVEIRO ESTEVEZ	M-12	BNXM-12	00:05:12	00:05:12	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
17	4001	JOSÉ FERN.	SUÁREZ RODRÍGUEZ	M-13	BNXM-13	00:05:12	00:05:12	A.D. OLIMPIA	BRENS CEE
18	4008	BRUNO	RIVEIRO ESTEVEZ	M-14	BNXM-14	00:05:12	00:05:12	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
19	4004	GAEL	LAGO LEMA	M-15	BNXM-15	00:05:12	00:05:12	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
20	4005	EIRE	AREAS CAAMAÑO	F-5	BNXF-5	00:05:13	00:05:13	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
21	4019	MARTÍN	PATIÑO RÍOS	M-16	BNXM-16	00:05:13	00:05:13	NATACIÓN RIBEIRA	RIBEIRA
22	4102	ADRIÁN	BLANCO MARTELO	M-17	BNXM-17	00:05:14	00:05:14	ABELLARIZA	CABANA DE BERGANTIÑOS
23	4118	LEIRE	PIÑEIRO PARIS	F-6	BNXF-6	00:05:14	00:05:14	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
24	4121	XOEL	RAMOS SAMBADE	M-18	BNXM-18	00:05:16	00:05:16	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
25	4114	ADRIÁN	LAGO NOCEDA	M-19	BNXM-19	00:05:17	00:05:17	CLUBE DE ATLETISMO SERRES RUNNERS	CARNOTA
26	4013	BERTA	SÁNCHEZ SANZ	F-7	BNXF-7	00:05:23	00:05:23	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
27	4126	MARTINA	RODRÍGUEZ NIETO	F-8	BNXF-8	00:05:24	00:05:24	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
28	4129	DANIELA	SOLER NOYA	F-9	BNXF-9	00:05:27	00:05:27		NEGREIRA
29	4006	CATALINA C	BOWDITCH VILA	F-10	BNXF-10	00:05:27	00:05:27	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
30	4133	ELOY	TUÑAS HERMIDA	M-20	BNXM-20	00:05:28	00:05:28		CARNOTA
31	4002	NOA	MÉNDEZ POSE	F-11	BNXF-11	00:05:29	00:05:29	ABELLARIZA	PONTECESO
32	4111	ANTÍA	EIRAS RODRIGUEZ	F-12	BNXF-12	00:05:30	00:05:30	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
33	4115	MARTIN	LIMIDEIRO ANDRADE	M-21	BNXM-21	00:05:36	00:05:36		CARNOTA
34	4132	AROA	TAJES VÁZQUEZ	F-13	BNXF-13	00:05:53	00:05:53		CAMARIÑAS
35	4109	MARIA	DOMINGUEZ TUÑEZ	F-14	BNXF-14	00:06:03	00:06:03		CEE
36	4021	BREOGÁN	PENA POMBO	M-22	BNXM-22	00:06:05	00:06:05		CORME
37	4130	CATALINA	TAJES QUEVEDO	F-15	BNXF-15	00:06:05	00:06:05		CARNOTA
38	4127	ICÍA	ROMERO FIGUEIRA	F-16	BNXF-16	00:06:34	00:06:34		VIMIANZO
39	4113	JIMENA	GORDILLO GONZÁLEZ	F-17	BNXF-17	00:07:45	00:07:45		CARNOTA